



Meeting Madness - these Facts You Should Know (Part II)

Meetings will remain our constant companions in 2023. Meetings can generate a multitude of positive results and contribute to productivity in everyday work. However, they often have a negative connotation when the amount of meetings becomes too large or the process takes too long. Employees say that meetings are among their top time wasters and that they wish the number of meetings could be reduced. But what exactly does the current data say here?

What the staff say about meetings...



For these reasons, employees **like** to attend meetings:

74 percent of respondents ...
... say that meetings are a good tool to make decisions quickly.

74 percent of respondents ...
... state that they generally like to lead / participate in meetings.

71 percent of respondents ...
... argue that effective meetings can lead to the resolution of all issues.

71 percent of respondents ...
... explain that meetings are a good option for networking.



For these reasons, employees are **reluctant** to attend meetings:

69 percent of respondents ...
... state that they have to attend too many meetings.

61 percent of respondents ...
... explain that they have to work longer hours because of meetings and thus generate overtime.

59 percent of respondents ...
... say that meetings lower their energy and motivation.

57 percent of respondents ...
... state that they participate in too many meetings to which they cannot actively contribute added value.

The TOP distractions on meeting days

- 39 percent** say they read the news during meetings.
- 38 percent** confess that they read books during meetings.
- 28 percent** explain that others do tasks in the meeting.
- 27 percent** reveal that they draw or paint in the meeting.

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