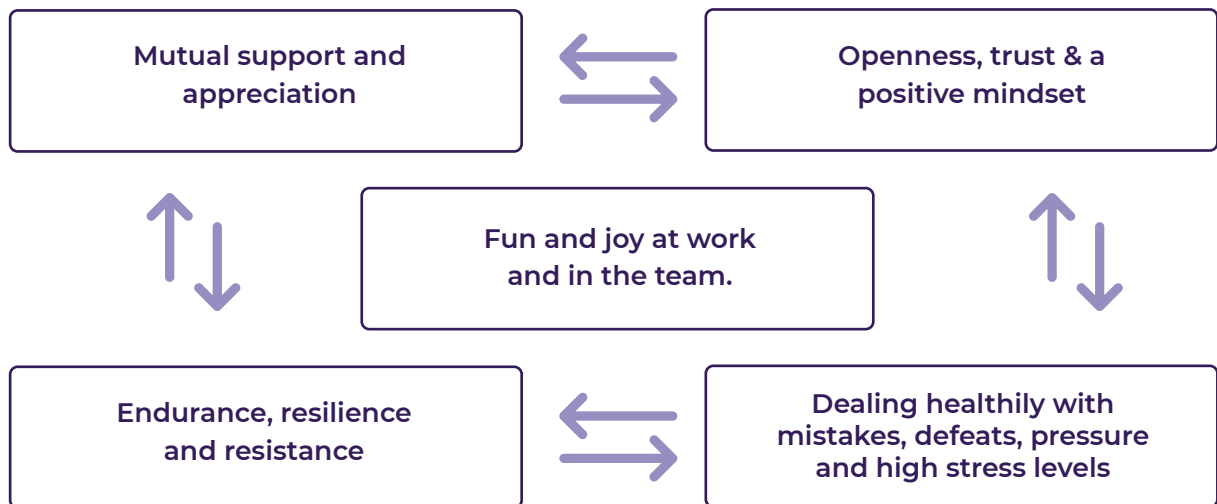




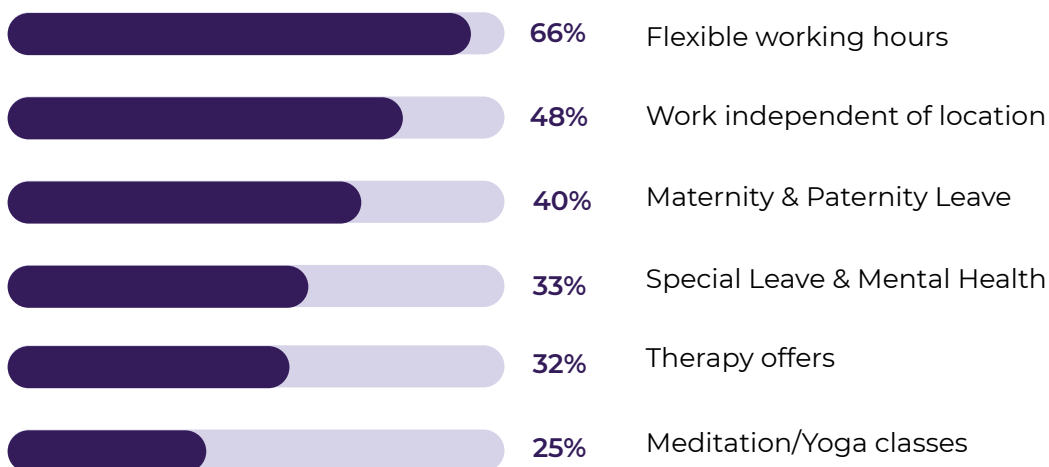
Mental health as a key success factor for companies (Part I)

Mental health within a team is growing in significance, especially in today's world. The pressure generated by constant change makes itself felt in the staff in increased stress levels. Especially in post-pandemic times, the numbers of mental illnesses are rising. The tendency towards individual overload increases at the same pace as illnesses and staff absenteeism, which in turn results in high costs for the company. But how can mental team health be recognised and what are the most important factors for a healthy and functional team?

These factors indicate a healthy team



How companies can promote mental health



Are you looking for highly qualified experts? We are happy to help with selection and activation.

